

NutriDyn®

Intestinal Cleanse

Nutritional Support for Healthy Intestinal and Digestive Function*

Intestinal Cleanse Supplementation

Intestinal Cleanse is a delicious herbal formula designed to support intestinal integrity and function.* This naturally flavored and easy-to-digest drink mix provides key nutrients and dietary fibers from psyllium husk, senna leaf, peppermint, buckthorn, and several other intestinal-supporting herbs.* Intestinal Cleanse is also gluten-free, non-GMO, low-glycemic, and has low allergy potential.

Key Benefits and Quality Differences of Intestinal Cleanse Include:

- Support for intestinal integrity and function*
- Support for healthy digestive function*
- Promotes gentle waste elimination*
- Promotes colonic motility*
- Naturally flavored and gluten-free
- No GMOs, preservatives, or added sugars

How Intestinal Cleanse Works

Intestinal Cleanse features a carefully crafted spectrum of herbs that are reputed to be safe and effective for occasional intestinal cleansing and waste elimination.* Read on to learn more about the science and research behind the Intestinal Cleanse formula.

Psyllium Husk

Intestinal Cleanse contains one of the most well-researched soluble fibers for supporting healthy stool—psyllium hydrocolloid.* This fiber is found in the seed husk of *Plantago ovata* and is composed of highly branched, fermentation-resistant arabinoxylans.

Psyllium fiber works by shortening bowel transit time through gentle peristalsis of the intestines. Studies consistently show that psyllium supplementation produces a bowel movement within 6-12 hours of consumption. Additionally, psyllium husk appears to be beneficial for supporting healthy blood lipid and blood glucose balance.*

Senna Leaf and Buckthorn Bark

Senna leaf and buckthorn bark are natural sources of anthraquinone glycosides that break down in the body to directly promote colonic motility and fluid secretion within the large intestine.* Senna and buckthorn are considered to be gentle laxatives when compared to other common options, such as castor oil and bisacodyl.



For more information, visit: www.nutridyn.com

How Intestinal Cleanse Works Continued

Peppermint Leaf, Papaya Leaf, Fennel Seed, Celery Seed, Barberry Root Bark, and Rose Hips

Intestinal Cleanse is rounded out with a comprehensive profile of herbal powders that contain a wide range of intestinal-supporting compounds, including alkaloids, phenolic acids, tannins, and more.♦ Research suggests that these herbs are effective for promoting a variety of gastrointestinal benefits.♦

Why Use Intestinal Cleanse?

Intestinal Cleanse is the ideal herbal formula for those in need of occasional and gentle waste elimination.♦ If you're experiencing digestive complications, Intestinal Cleanse can help support intestinal integrity and nutrient digestion, along with a variety of other processes necessary for healthy intestinal function.♦

Supplement Facts

ORANGE

Serving Size: About 1 Scoop (11.12 g)

Servings Per Container: About 30

	Amount Per Serving	%DV*
Calories	40	
Total Carbohydrates	8 g	3%*
Dietary Fiber	5 g	18%*
Protein	1 g	
Calcium	80 mg	6%
Iron	3 mg	17%
Sodium	10 mg	<1%
Psyllium Husk Powder	5 g	**
Senna Leaf Powder	3 g	**
Fennel Seed Powder	450 mg	**
Papaya Leaf Powder	450 mg	**
Peppermint Leaf Powder	380 mg	**
Buckthorn Bark Powder	190 mg	**
Celery Seed Powder	190 mg	**
Barberry Root Bark Powder	190 mg	**
Rose Hips Fruit Powder	190 mg	**

Other Ingredients: Citric Acid, Silicon Dioxide, Stevia Leaf Extract, and Natural Flavor.

Directions: Adults mix 1 scoop in 10-12 ounces of water once daily as a dietary supplement or as directed by your healthcare practitioner. Use Intestinal Cleanse about every 2 months and for no more than 10 days at a time. Increasing your daily water intake while using this product is recommended.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

Warning: This product contains buckthorn and senna. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because buckthorn and senna may worsen these conditions and be harmful to your health. This product should be taken with at least 10 ounces of water. Taking this product without enough liquid may cause choking. Do not use this product if you have difficulty swallowing.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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