

# NutriDyn®

## Multi Powder

Advanced Nutritional Support  
for Optimal Health\*

### Multi Powder Supplementation

Research continues to show that deficiencies in certain vitamins and minerals are a major cause of serious disease states and other health complications.<sup>1,2</sup> Moreover, a lack of these essential micronutrients can hinder normal growth, repair, and maturation of vital organs and tissues, leading to problems down the road.<sup>3</sup> Supplementation of bioavailable vitamins and minerals found in Multi Powder supports healthy levels of essential micronutrients.\*

Benefits of Multi Powder supplementation may include:

- Supports cognitive function and mood\*
- Provides antioxidants to help support oxidative stress\*
- Supports vibrant, healthy skin\*
- Supports energy and vitality\*
- Supports healthy immune function\*
- Supports healthy gastrointestinal function\*
- Helps you meet daily vitamin and mineral needs\*

### How Multi Powder Works

Multi Powder is a naturally flavored, gluten-free vitamin and mineral blend made with bioavailable micronutrients and probiotics. Vitamins and minerals are key micronutrients required by the body to allow for optimal health and longevity.\* Moreover, probiotics are of growing importance for maintaining healthy gastrointestinal (GI) function.\*

We realize that most people have a tough time meeting their nutrient needs each day through food sources such as fruits and vegetables. Thus, Multi Powder is a convenient, efficacious supplement to help you get the key vitamins and minerals you need daily.\* Better yet, Multi Powder contains none of the “junk” that only takes away from your health and longevity, like artificial colors and added sugar.

Vitamins are organic compounds that allow physiological reactions to occur in the body. Vitamins are either water-soluble or fat-soluble. Water-soluble vitamins, such as vitamin C and all B vitamins, cannot be stored in the body, whereas fat-soluble vitamins can. Therefore, water-soluble vitamins tend to be eliminated from the body faster than fat-soluble vitamins. Multi Powder provides over 100% of the recommended daily value of key B vitamins and vitamin C in highly bioavailable forms to ensure you can absorb and utilize them.\* Deficiency of these water-soluble vitamins can reduce physical and mental performance by interfering with neurotransmitter and energy production, as well as your general health.\*<sup>4</sup>

Moreover, Multi Powder contains efficacious doses of fat-soluble vitamins, including 2000 IU of vitamin D3 and 100 mcg of vitamin K, which are crucial for proper bone health, calcium absorption, immunity, and well-being.\*<sup>5</sup>



For more information, visit: [www.nutridyn.com](http://www.nutridyn.com)

## How Multi Powder Works Continued

Multi Powder is also made with a comprehensive panel of minerals. Minerals help support the growth and repair of body structures, such as bones, teeth, and muscles.♦ They also regulate myriad metabolic reactions and act as small particles that carry electrical charges, called ions and electrolytes.♦<sup>6</sup>

Lastly, Multi Powder is rounded out with a blend of six potent probiotic strains to help nourish your gastrointestinal tract with beneficial microbes.♦<sup>7</sup>

# Supplement Facts

## BERRY

Serving Size: About 1 Scoop

Servings Per Container: About 30

	Amount Per Serving	%DV*
Vitamin A (as retinyl palmitate)	1,501 mcg RAE	167%
Vitamin C (as calcium ascorbate)	120 mg	133%
Vitamin D (as cholecalciferol)	50 mcg (2000 IU)	250%
Vitamin E (as d-alpha tocopherol succinate)	40 mg	268%
Vitamin K (as phytonadione)	100 mcg	83%
Thiamine (as thiamine HCl)	3 mg	250%
Riboflavin	3.4 mg	262%
Niacin	15 mg	94%
Vitamin B6 (as pyridoxine HCl)	4 mg	235%
Folate (as calcium L-5-methyltetrahydrofolate) (BioFolate®)	667 mcg DFE	167%
Vitamin B12 (as methylcobalamin)	200 mcg	8,333%
Biotin	300 mcg	1,000%
Pantothenic Acid (as calcium-d-pantothenate)	25 mg	500%
Calcium (as calcium citrate and calcium ascorbate)	400 mg	31%
Phosphorus (from dipotassium phosphate)	38 mg	3%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium citrate)	100 mg	24%
Zinc (as zinc oxide)	15 mg	136%
Selenium (as L-selenomethionine)	50 mcg	91%
Copper (as amino acid chelate)	1 mg	111%
Manganese (as manganese sulfate)	1 mg	43%

	Amount Per Serving	%DV*
Chromium (as chromium picolinate)	50 mcg	143%
Molybdenum (as sodium molybdate)	37.5 mcg	83%
Sodium (as sodium chloride)	110 mg	5%
Potassium (as dipotassium phosphate)	99 mg	2%
Choline (as choline bitartrate)	25 mg	5%
Probiotic Blend: <i>Lactobacillus acidophilus</i> Complex, <i>Lactobacillus casei</i> Complex, <i>Bifidobacterium breve</i> Complex, <i>Lactobacillus rhamnosus</i> Complex, <i>Lactobacillus plantarum</i> Complex, <i>Bifidobacterium longum</i> Complex	100 mg	**
Inositol	25 mg	**
Citrus Bioflavonoids Peel Powder Complex	5 mg	**

**Other Ingredients:** Stevia, Citric Acid, Natural Flavors, Silica, Beet Root Powder (Color), Dicalcium Phosphate.

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**Directions:** Mix 1 scoop in 6–8 ounces of water daily as a dietary supplement or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

### References:

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♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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